

CAMP PARADISE

Women's Retreat Packing List

WHAT TO BRING:

- Clothes for hot, cool, & wet weather (layering is key)
- Shorts
- Jeans
- Socks & spare pairs
- T-Shirts
- Sweatshirts or fleeces
- Underwear & spare pairs
- Sturdy gym shoes (at least one pair)
- Swimsuit
- Rain jacket
- Toiletries
- Sleeping bag & pillow (in a labeled garbage bag)
- Sheet for sleeping bag on hot nights
- Towels, washcloths, shower shoes
- Flashlights and/or battery-powered lanterns
- Bug spray
- Camera
- Ear plugs, especially if you are a light sleeper!
- Bible, notebook, writing utensil
- [Compact First Aid Kit](#)
- Reusable water bottle
- Yoga mat
- Watch
- Cash for trip to/from Camp Paradise & for the Camp Store
(some local shops and our Camp Store do not accept debit or credit)

- Other Suggestions:
Hiking boots, compass, fishing poles & tackle, [fishing license](#),
pocket knife, binoculars, nail clippers, battery-powered pocket
fan, bug zapper racket, spare keys, nonperishable snacks

LEAVE AT HOME:

- Perishable food items*
- Tobacco, drugs, or alcohol
- Firearms
- Fireworks
- Gas Lanterns
- iPods, iPads, electronic games, music speakers

**Unless applicable to the Food Policy and the Kitchen Manager has been notified
(louisa.michael@willowcreek.org)*

PACKING HACKS

- 👉 Label your belongings with your last name and assigned cabin. Duct tape and permanent marker make easy DIY luggage tags!
- 👉 Opt for duffels, backpacks, and tote bins over rolling bags. Camp terrain can be dusty and may jam the wheels.